



*Research article*

# Lower and upper bounds for the $p$ -(A-M)-norm of two operators in Hilbert spaces with applications

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**Abstract:** For  $\nu \in [0, 1]$ ,  $p \geq 1$  and  $A, B \in \mathcal{B}(H)$ , we define the  $p$ -arithmetic-mean (A-M)-norm for the pair of operators  $(A, B)$  by

$$\|(A, B)\|_{p,\nu} := \sup_{\|x\|=1} ((1 - \nu) \|Ax\|^p + \nu \|Bx\|^p)^{1/p}.$$

In this paper, we obtain several lower and upper bounds for this norm. Some inequalities for the numerical radius of the off-diagonal operator matrix are given. In the case when  $(A, B) = (T, T^*)$  and  $(A, B) = (\operatorname{Re} T, \operatorname{Im} T)$ , where  $\operatorname{Re} T := \frac{T+T^*}{2}$  is the real part of  $T$  and  $\operatorname{Im} T := \frac{T-T^*}{2i}$  is the imaginary part of  $T$ , respectively, some inequalities for one operator are also provided.

**Keywords:** inner product spaces; operator norm; numerical radius; off-diagonal operator matrix; norms for pairs of operators; A-G inequality

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## 1. Introduction

The numerical radius  $w(X)$  of an operator  $X$  on  $H$  is given by

$$w(X) = \sup \{ |\langle Xx, x \rangle|, \|x\| = 1 \}. \tag{1.1}$$

Obviously, by (1.1), for any  $x \in H$ , one has

$$|\langle Xx, x \rangle| \leq w(X) \|x\|^2. \tag{1.2}$$

This norm is equivalent with the operator norm. In fact, the following more precise result holds:

$$w(X) \leq \|X\| \leq 2w(X) \quad (1.3)$$

for any  $X \in \mathcal{B}(H)$ .

In 2003, Kittaneh [1] showed that for any operator  $X \in \mathcal{B}(H)$ , we have the following refinement of the first inequality in (1.3):

$$w(X) \leq \frac{1}{2} \left( \|X\| + \|X^2\|^{1/2} \right). \quad (1.4)$$

Utilizing the Cartesian decomposition for operators, Kittaneh in [2] improved the inequality (1.3) as follows:

$$\frac{1}{4} \left\| |X|^2 + |X^*|^2 \right\| \leq w^2(X) \leq \frac{1}{2} \left\| |X|^2 + |X^*|^2 \right\| \quad (1.5)$$

for any operator  $X \in \mathcal{B}(H)$ .

In [3], the authors introduced a new norm, named the  $(\alpha, \beta)$ -norm, on the space of bounded linear operators on a complex Hilbert space, which generalizes the numerical radius norm, the usual operator norm, and the recently introduced modified Davis-Wielandt radius (see [4]).

Let  $(\alpha, \beta)$  with  $\alpha, \beta \geq 0$  such that  $(\alpha, \beta) \neq (0, 0)$ . Define the mapping  $\|\cdot\|_{\alpha, \beta} : \mathcal{B}(H) \rightarrow [0, \infty)$  by

$$\|X\|_{\alpha, \beta} := \sup_{\|x\|=1} \left( \alpha |\langle Xx, x \rangle|^2 + \beta \|Xx\|^2 \right)^{1/2}.$$

We observe that  $\|\cdot\|_{\alpha, \beta}$  defines a norm on  $\mathcal{B}(H)$ . We also observe that for  $(\alpha, \beta) = (1, 0)$ , we obtain  $\|X\|_{\alpha, \beta} = w(X)$ , and for  $(\alpha, \beta) = (0, 1)$ , then  $\|X\|_{\alpha, \beta} = \|X\|$ . Furthermore, for  $(\alpha, \beta) = (1, 1)$ , we obtain the modified Davis-Wielandt radius of  $X$ , namely

$$\|X\|_{\alpha, \beta} = dw^*(X) := \sup_{\|x\|=1} \left( |\langle Xx, x \rangle|^2 + \|Xx\|^2 \right)^{1/2}; \text{ see also [4].}$$

As pointed out in [3, Theorem 2.1], the  $(\alpha, \beta)$ -norm satisfies the following bounds in terms of the numerical radius and the operator norm:

$$(\alpha + \beta)^{1/2} w(X) \leq \|X\|_{\alpha, \beta} \leq (\alpha + 4\beta)^{1/2} w(X)$$

and

$$\max \left\{ \frac{1}{2} (\alpha + \beta)^{1/2}, \beta^{1/2} \right\} \|X\| \leq \|X\|_{\alpha, \beta} \leq (\alpha + \beta)^{1/2} \|X\|$$

for all  $X \in \mathcal{B}(H)$ .

Recall that the Crawford number of an operator  $X \in \mathcal{B}(H)$  is defined by  $c(X) := \inf_{\|x\|=1} |\langle Xx, x \rangle|$ . In [3, Theorem 2.7], the authors proved the following results:

$$\|X\|_{\alpha, \beta} \geq \max \left\{ \alpha w^2(X) + \beta c(|X|^2), \alpha c^2(X) + \beta \|X\|^2 \right\}$$

and

$$\|X\|_{\alpha, \beta} \geq 2\sqrt{\alpha\beta} \max \left\{ w(X) c^{1/2}(|X|^2), c(X) \|X\| \right\}$$

for all  $X \in \mathcal{B}(H)$ . For more results concerning various bounds for the  $(\alpha, \beta)$ -norm of a product, see [3].

The case when  $\beta = 1 - \alpha$ ,  $\alpha \in [0, 1]$  was investigated in [5], where the authors considered the  $\alpha$ -norm

$$\|X\|_\alpha := \sup_{\|x\|=1} \left( \alpha |\langle Xx, x \rangle|^2 + (1 - \alpha) \|Xx\|^2 \right)^{1/2}$$

and obtained some upper bounds for the  $\alpha$ -norm of  $n \times n$  operator matrices, which generalize the existing numerical radius inequalities and the usual operator norm inequalities of  $n \times n$  operator matrices. As an application of these results, they provided new upper bounds for the numerical radius and the usual operator norm of  $n \times n$  operator matrices.

Motivated by the above concepts and results, in this paper we introduce a new norm for a pair of operators and provide some fundamental inequalities as follows.

For  $\nu \in [0, 1]$ ,  $p \geq 1$  and  $A, B \in \mathcal{B}(H)$ , we define the  $p$ -arithmetic-mean (A-M)-norm for the pair of operators  $(A, B)$  by

$$\|(A, B)\|_{p,\nu} := \sup_{\|x\|=1} \left( (1 - \nu) \|Ax\|^p + \nu \|Bx\|^p \right)^{1/p} \quad (1.6)$$

and

$$\|(A, B)\|_p := \sup_{\|x\|=1} \left( \|Ax\|^p + \|Bx\|^p \right)^{1/p}.$$

We observe that

$$\|(A, B)\|_{p,1/2}^p = \frac{1}{2} \|(A, B)\|_p^p \text{ for all } p \geq 1.$$

We also consider

$$\begin{aligned} \|(A, B)\|_{e,\nu} &:= \|(A, B)\|_{2,\nu} = \sup_{\|x\|=1} \left( (1 - \nu) \|Ax\|^2 + \nu \|Bx\|^2 \right)^{1/2} \\ &= \sup_{\|x\|=1} \left( (1 - \nu) \langle |A|^2 x, x \rangle + \nu \langle |B|^2 x, x \rangle \right)^{1/2} \\ &= \sup_{\|x\|=1} \left\langle \left[ (1 - \nu) |A|^2 + \nu |B|^2 \right] x, x \right\rangle^{1/2} \\ &= \left\| (1 - \nu) |A|^2 + \nu |B|^2 \right\|^{1/2} = \left\| |A|^2 \nabla_\nu |B|^2 \right\|^{1/2} \end{aligned}$$

and

$$\|(A, B)\|_\nu := \|(A, B)\|_{1,\nu} := \sup_{\|x\|=1} \left( (1 - \nu) \|Ax\| + \nu \|Bx\| \right).$$

Moreover, we put

$$\|(A, B)\|_e := \|(A, B)\|_2 = \sup_{\|x\|=1} \left( \|Ax\|^2 + \|Bx\|^2 \right)^{1/2} = \left\| |A|^2 + |B|^2 \right\|^{1/2}$$

and

$$\|(A, B)\| := \|(A, B)\|_1 = \sup_{\|x\|=1} \left( \|Ax\| + \|Bx\| \right).$$

We also observe that

$$\max \left\{ (1 - \nu)^{1/p} \|A\|, \nu^{1/p} \|B\| \right\} \leq \|(A, B)\|_{p,\nu} \leq \left( (1 - \nu) \|A\|^p + \nu \|B\|^p \right)^{1/p} \quad (1.7)$$

for  $\nu \in [0, 1]$ ,  $p \geq 1$ .

Let  $\nu \in [0, 1]$ ,  $p \geq 1$ . Observe that for all  $(A, B) \in \mathcal{B}(H) \times \mathcal{B}(H)$ , we have  $\|(A, B)\|_{p,\nu} \geq 0$ , and if  $\|(A, B)\|_{p,\nu} = 0$ , then  $(A, B) = (0, 0)$ . Also,

$$\begin{aligned} \|\alpha(A, B)\|_{p,\nu} &= \|(\alpha A, \alpha B)\|_{p,\nu} = \sup_{\|x\|=1} ((1-\nu)\|\alpha Ax\|^p + \nu\|\alpha Bx\|^p)^{1/p} \\ &= |\alpha| \sup_{\|x\|=1} ((1-\nu)\|Ax\|^p + \nu\|Bx\|^p)^{1/p} = |\alpha| \|(A, B)\|_{p,\nu}. \end{aligned}$$

By weighted Minkowski's inequality, it follows that

$$\begin{aligned} \|(A, B) + (C, D)\|_{p,\nu} &= \|(A + C, B + D)\|_{p,\nu} \\ &= \sup_{\|x\|=1} ((1-\nu)\|Ax + Cx\|^p + \nu\|Bx + Dx\|^p)^{1/p} \\ &\leq \sup_{\|x\|=1} [((1-\nu)\|Ax\|^p + \nu\|Bx\|^p)^{1/p} + ((1-\nu)\|Cx\|^p + \nu\|Dx\|^p)^{1/p}] \\ &\leq \sup_{\|x\|=1} [((1-\nu)\|Ax\|^p + \nu\|Bx\|^p)^{1/p}] + \sup_{\|x\|=1} ((1-\nu)\|Cx\|^p + \nu\|Dx\|^p)^{1/p} \\ &= \|(A, B)\|_{p,\nu} + \|(C, D)\|_{p,\nu}, \end{aligned}$$

which shows that  $\|(\cdot, \cdot)\|_{p,\nu}$  is a norm on  $\mathcal{B}(H) \times \mathcal{B}(H)$ . From the above, we have that  $\|(\cdot, \cdot)\|_{e,\nu}$  and  $\|(\cdot, \cdot)\|_\nu$  are norms on  $\mathcal{B}(H) \times \mathcal{B}(H)$  for all  $\nu \in (0, 1)$ .

We observe that, for  $(A, B) = (T, T^*)$ , we can introduce, for  $p \geq 1$  and  $\nu \in [0, 1]$ , the following functional:

$$\sigma_{p,\nu}(T) := \|(T, T^*)\|_{p,\nu} := \sup_{\|x\|=1} ((1-\nu)\|Tx\|^p + \nu\|T^*x\|^p)^{1/p}.$$

We observe that  $\sigma_{p,\nu}(\cdot)$  are norms on  $\mathcal{B}(H)$  for  $p \geq 1$  and  $\nu \in [0, 1]$  and therefore provide two parameter generalizations of the operator norm that is obtained for either  $\nu = 0$  or  $\nu = 1$ .

If  $T$  is normal, namely  $TT^* = T^*T$ , then  $\|Tx\| = \|T^*x\|$  for all  $x \in H$ , which gives that  $\sigma_{p,\nu}(T) = \|T\|$  for all  $p \geq 1$  and  $\nu \in [0, 1]$ .

We observe that for  $p = 2$ , we obtain the following connection with the weighted arithmetic mean of the nonnegative operators  $|T|^2$  and  $|T^*|^2$ :

$$\sigma_{e,\nu}^2(T) = \left\| |T|^2 \nabla_\nu |T^*|^2 \right\| \text{ and } \sigma_e^2(T) = \left\| |T|^2 + |T^*|^2 \right\|.$$

For  $(A, B) = (\operatorname{Re} T, \operatorname{Im} T)$ , we can also introduce, for  $p \geq 1$  and  $\nu \in [0, 1]$ , the following functional:

$$\rho_{p,\nu}(T) := \|(\operatorname{Re} T, \operatorname{Im} T)\|_{p,\nu} := \sup_{\|x\|=1} ((1-\nu)\|\operatorname{Re} Tx\|^p + \nu\|\operatorname{Im} Tx\|^p)^{1/p}.$$

Since for a real number  $a$ , we have that  $\rho_{p,\nu}(aT) = |a|\rho_{p,\nu}(T)$ ,  $T \in \mathcal{B}(H)$ . Then, we can conclude that  $\rho_{p,\nu}(T)$  are real norms on  $\mathcal{B}(H)$  that give for  $\nu = 0$  the real seminorms  $\rho_0(T) := \|\operatorname{Re} T\|$  and for  $\nu = 1$ ,  $\rho_1(T) := \|\operatorname{Im} T\|$ .

The famous Young inequality for scalars says that if  $a, b > 0$  and  $\nu \in [0, 1]$ , then

$$a^{1-\nu}b^\nu \leq (1-\nu)a + \nu b \tag{1.8}$$

with equality if and only if  $a = b$ . The inequality (1.8) is also called a  $\nu$ -weighted arithmetic-geometric mean inequality.

We recall that Specht's ratio is defined by [6]

$$S(h) := \begin{cases} \frac{h^{\frac{1}{h-1}}}{e \ln(h^{\frac{1}{h-1}})} & \text{if } h \in (0, 1) \cup (1, \infty), \\ 1 & \text{if } h = 1. \end{cases} \quad (1.9)$$

It is well known that  $\lim_{h \rightarrow 1} S(h) = 1$ ,  $S(h) = S(\frac{1}{h}) > 1$  for  $h > 0$ ,  $h \neq 1$ . The function is decreasing on  $(0, 1)$  and increasing on  $(1, \infty)$ .

The following inequality provides a refinement and a multiplicative reverse for Young's inequality:

$$S\left(\left(\frac{a}{b}\right)^r\right) a^{1-\nu} b^\nu \leq (1-\nu)a + \nu b \leq S\left(\frac{a}{b}\right) a^{1-\nu} b^\nu, \quad (1.10)$$

where  $a, b > 0$ ,  $\nu \in [0, 1]$ , and  $r = \min\{1-\nu, \nu\}$ .

The second inequality in (1.10) is due to Tominaga [7], while the first one is due to Furuichi [8].

In this paper, we show among others that

$$\begin{aligned} \|(A, B)\|_{p,\nu}^2 \geq & \max\left\{\|(1-\nu)^2 A^2 + \nu^2 B^2\|, \nu(1-\nu)\|AB + BA\|\right\} \\ & + \max\{(1-\nu)\|A\|, \nu\|B\|\} \times \|(1-\nu)A + \nu B\| - \|(1-\nu)A - \nu B\| \end{aligned}$$

for  $A, B \in \mathcal{B}(H)$ ,  $p \geq 1$  and  $\nu \in [0, 1]$ .

Also, if  $0 < m|B|^2 \leq |A|^2 \leq M|B|^2$  for some constants  $0 < m < M$ , then for  $p \geq 1$  and  $\nu \in [0, 1]$ , we have

$$\|(A, B)\|_{p,\nu}^p \leq \alpha(m, M; p) \|A\|^{(1-\nu)p} \|B\|^{\nu p},$$

where

$$\alpha(m, M; p) := \begin{cases} S(m^{p/2}) & \text{if } M \leq 1; \\ \max\{S(m^{p/2}), S(M^{p/2})\} & \text{if } m \leq 1 \leq M; \\ S(M^{p/2}) & \text{if } 1 \leq m. \end{cases} \quad (1.11)$$

Some inequalities for the numerical radius of the off-diagonal operator matrix are given. In the case when  $(A, B) = (T, T^*)$  and  $(A, B) = (\operatorname{Re} T, \operatorname{Im} T)$ , where  $\operatorname{Re} T := \frac{T+T^*}{2}$  is the real part of  $T$  and  $\operatorname{Im} T := \frac{T-T^*}{2i}$  is the imaginary part of  $T$ , respectively, some inequalities for one operator are also provided.

## 2. Some general results

We recall the following vector inequality for positive operators  $A \geq 0$ , obtained by McCarthy in [9]:

$$\langle Ax, x \rangle^p \leq \langle A^p x, x \rangle, \quad p \geq 1$$

for  $x \in H$ ,  $\|x\| = 1$ , and Buzano's inequality [10]

$$\frac{1}{2} [\|x\| \|y\| + |\langle x, y \rangle|] \geq |\langle x, e \rangle \langle e, y \rangle| \quad (2.1)$$

that holds for any  $x, y, e \in H$  with  $\|e\| = 1$ .

The following result provides some basic lower and upper bounds for the power of the norm  $\|(\cdot, \cdot)\|_{p,\nu}$ .

**Theorem 2.1.** Let  $A, B \in \mathcal{B}(H)$ . For  $p \geq 2$  and  $\nu \in [0, 1]$ , we have

$$\|A\nabla_\nu B\|^p \leq \|(A, B)\|_{p,\nu}^p \leq \| |A|^p \nabla_\nu |B|^p \|. \quad (2.2)$$

In particular,

$$\|A + B\|^p \leq 2^{p-1} \|(A, B)\|_p^p \leq 2^{p-1} (\| |A|^p + |B|^p \|). \quad (2.3)$$

If  $1 \leq p < 2$ , then

$$\|A\nabla_\nu B\| \leq \|(A, B)\|_{p,\nu} \leq \| |A|^2 \nabla_\nu |B|^2 \|^{1/2}. \quad (2.4)$$

In particular,

$$\|A + B\| \leq 2^{(p-1)/p} \|(A, B)\|_p \leq \sqrt{2} \| |A|^2 + |B|^2 \|^{1/2}. \quad (2.5)$$

*Proof.* For  $p \geq 1$ , we have by the convexity of the power function that

$$\begin{aligned} \|(1-\nu)Ax + \nu Bx\|^p &\leq ((1-\nu)\|Ax\| + \nu\|Bx\|)^p \\ &\leq (1-\nu)\|Ax\|^p + \nu\|Bx\|^p \\ &= (1-\nu)\left(\|Ax\|^2\right)^{p/2} + \nu\left(\|Bx\|^2\right)^{p/2} \\ &= (1-\nu)\langle |A|^2 x, x \rangle^{p/2} + \nu\langle |B|^2 x, x \rangle^{p/2}. \end{aligned} \quad (2.6)$$

If we use McCarthy's inequality, then for  $p \geq 2$ , we have

$$\begin{aligned} &(1-\nu)\langle |A|^2 x, x \rangle^{p/2} + \nu\langle |B|^2 x, x \rangle^{p/2} \\ &\leq (1-\nu)\langle |A|^p x, x \rangle + \nu\langle |B|^p x, x \rangle \\ &= \langle [(1-\nu)|A|^p + \nu|B|^p] x, x \rangle \leq \|(1-\nu)|A|^p + \nu|B|^p\| \end{aligned} \quad (2.7)$$

for  $x \in H, \|x\| = 1$ . Therefore, by (2.6) and (2.7), we obtain

$$\|(1-\nu)Ax + \nu Bx\|^p \leq (1-\nu)\|Ax\|^p + \nu\|Bx\|^p \leq \|(1-\nu)|A|^p + \nu|B|^p\|,$$

and by taking the supremum over  $x \in H, \|x\| = 1$ , we obtain the desired result (2.2).

If  $1 \leq p < 2$ , then  $\frac{p}{2} < 1$ , and since the function  $g(t) = t^{p/2}$  is concave, then

$$\begin{aligned} (1-\nu)\langle |A|^2 x, x \rangle^{p/2} + \nu\langle |B|^2 x, x \rangle^{p/2} &\leq \left[ (1-\nu)\langle |A|^2 x, x \rangle + \nu\langle |B|^2 x, x \rangle \right]^{p/2} \\ &= \langle [(1-\nu)|A|^2 + \nu|B|^2] x, x \rangle^{p/2} \\ &\leq \|(1-\nu)|A|^2 + \nu|B|^2\|^{p/2} \end{aligned}$$

for  $x \in H$ .

Therefore,

$$\|(1-\nu)Ax + \nu Bx\|^p \leq (1-\nu)\|Ax\|^p + \nu\|Bx\|^p \leq \|(1-\nu)|A|^2 + \nu|B|^2\|^{p/2},$$

and on taking the supremum over  $x \in H, \|x\| = 1$ , we obtain

$$\|A\nabla_\nu B\|^p \leq \|(A, B)\|_{p,\nu}^p \leq \|(1-\nu)|A|^2 + \nu|B|^2\|^{p/2},$$

which is equivalent to (2.4).

**Remark 2.1.** For  $p = 2$ , we get

$$\|A\nabla_\nu B\|^2 \leq \| |A|^2 \nabla_\nu |B|^2 \|, \nu \in [0, 1].$$

In particular,

$$\|A + B\|^2 \leq 2 \| |A|^2 + |B|^2 \|.$$

For  $p = 1$ , we obtain

$$\|A\nabla_\nu B\| \leq \|(A, B)\|_\nu \leq \| |A|^2 \nabla_\nu |B|^2 \|^{1/2}, \nu \in [0, 1].$$

In particular,

$$\|A + B\| \leq \|(A, B)\| \leq \sqrt{2} \| |A|^2 + |B|^2 \|^{1/2}.$$

The next result gives some lower bounds for  $\|(A, B)\|_{p,\nu}^2$ , where  $A, B \in \mathcal{B}(H)$ .

**Theorem 2.2.** Let  $A, B \in \mathcal{B}(H)$ . Then for  $p \geq 1$  and  $\nu \in [0, 1]$ , we have

$$\begin{aligned} \|(A, B)\|_{p,\nu}^2 \geq & \max \left\{ \|(1-\nu)^2 A^2 + \nu^2 B^2\|, \nu(1-\nu) \|AB + BA\| \right\} \\ & + \max \{ (1-\nu) \|A\|, \nu \|B\| \} \times \| (1-\nu)A + \nu B \| - \| (1-\nu)A - \nu B \|. \end{aligned} \quad (2.8)$$

In particular, for  $\nu = 1/2$ , we obtain that

$$\begin{aligned} \|(A, B)\|_p^2 \geq & \frac{1}{4^{\frac{p-1}{p}}} \max \left\{ \|A^2 + B^2\|, \|AB + BA\| \right\} \\ & + \frac{1}{4^{\frac{p-1}{p}}} \max \{ \|A\|, \|B\| \} \|A + B\| - \|A - B\|. \end{aligned} \quad (2.9)$$

*Proof.* From Theorem 2.1, we have for  $p \geq 1$  and  $\nu \in [0, 1]$  that

$$\|(A, B)\|_{p,\nu}^2 \geq \|(1-\nu)A + \nu B\|^2$$

and

$$\|(A, B)\|_{p,\nu}^2 \geq \|(1-\nu)A - \nu B\|^2.$$

This implies that

$$\begin{aligned} \|(A, B)\|_{p,\nu}^2 \geq & \max \left\{ \|(1-\nu)A + \nu B\|^2, \|(1-\nu)A - \nu B\|^2 \right\} \\ = & \frac{1}{2} \left( \|(1-\nu)A + \nu B\|^2 + \|(1-\nu)A - \nu B\|^2 \right) \\ & + \frac{1}{2} \left| \|(1-\nu)A + \nu B\|^2 - \|(1-\nu)A - \nu B\|^2 \right| \end{aligned} \quad (2.10)$$

for  $p \geq 1$  and  $\nu \in [0, 1]$ .

Observe that

$$\begin{aligned} & \|(1-\nu)A + \nu B\|^2 + \|(1-\nu)A - \nu B\|^2 \\ \geq & \left\| ((1-\nu)A + \nu B)^2 \right\| + \left\| ((1-\nu)A - \nu B)^2 \right\| \\ \geq & \max \left\{ \left\| ((1-\nu)A + \nu B)^2 + ((1-\nu)A - \nu B)^2 \right\|, \left\| ((1-\nu)A + \nu B)^2 - ((1-\nu)A - \nu B)^2 \right\| \right\}. \end{aligned}$$

Since

$$\begin{aligned} & ((1-\nu)A + \nu B)^2 + ((1-\nu)A - \nu B)^2 \\ &= (1-\nu)^2 A^2 + \nu(1-\nu)(AB + BA) + \nu^2 B^2 + (1-\nu)^2 A^2 - \nu(1-\nu)(AB + BA) + \nu^2 B^2 \\ &= 2\left[(1-\nu)^2 A^2 + \nu^2 B^2\right] \end{aligned}$$

and

$$\begin{aligned} & ((1-\nu)A + \nu B)^2 - ((1-\nu)A - \nu B)^2 \\ &= (1-\nu)^2 A^2 + \nu(1-\nu)(AB + BA) + \nu^2 B^2 - (1-\nu)^2 A^2 + \nu(1-\nu)(AB + BA) - \nu^2 B^2 \\ &= 2\nu(1-\nu)(AB + BA), \end{aligned}$$

then

$$\begin{aligned} & \|(1-\nu)A + \nu B\|^2 + \|(1-\nu)A - \nu B\|^2 \\ & \geq 2 \max \left\{ \|(1-\nu)^2 A^2 + \nu^2 B^2\|, \nu(1-\nu) \|AB + BA\| \right\}. \end{aligned} \quad (2.11)$$

Also,

$$\begin{aligned} & \left| \|(1-\nu)A + \nu B\|^2 - \|(1-\nu)A - \nu B\|^2 \right| \\ &= (\|(1-\nu)A + \nu B\| + \|(1-\nu)A - \nu B\|) \times \left| \|(1-\nu)A + \nu B\| - \|(1-\nu)A - \nu B\| \right|. \end{aligned}$$

Since

$$\begin{aligned} & \|(1-\nu)A + \nu B\| + \|(1-\nu)A - \nu B\| \geq \max \{ \|(1-\nu)A + \nu B\| + \|(1-\nu)A - \nu B\|, \\ & \|(1-\nu)A + \nu B\| - \|(1-\nu)A - \nu B\| \} = 2 \max \{ (1-\nu) \|A\|, \nu \|B\| \}, \end{aligned}$$

then

$$\begin{aligned} & \left| \|(1-\nu)A + \nu B\|^2 - \|(1-\nu)A - \nu B\|^2 \right| \\ & \geq 2 \max \{ (1-\nu) \|A\|, \nu \|B\| \} \times \left| \|(1-\nu)A + \nu B\| - \|(1-\nu)A - \nu B\| \right|. \end{aligned} \quad (2.12)$$

By making use of (2.10)–(2.12), we then obtain (2.8).

Now, from (2.8), we obtain for  $\nu = 1/2$  that

$$\|(A, B)\|_{p,1/2}^2 \geq \frac{1}{4} \max \left\{ \|A^2 + B^2\|, \|AB + BA\| \right\} + \frac{1}{4} \max \{ \|A\|, \|B\| \} \|A + B\| - \|A - B\|,$$

and since  $\|(A, B)\|_{p,1/2}^2 = \frac{1}{2^{2/p}} \|(A, B)\|_p^2$ , then we obtain the desired bound (2.9).

**Remark 2.2.** If we make  $p = 1$  in Theorem 2.2, then we get

$$\begin{aligned} \|(A, B)\|_v^2 & \geq \max \left\{ \|(1-\nu)^2 A^2 + \nu^2 B^2\|, \nu(1-\nu) \|AB + BA\| \right\} \\ & \quad + \max \{ (1-\nu) \|A\|, \nu \|B\| \} \times \left| \|(1-\nu)A + \nu B\| - \|(1-\nu)A - \nu B\| \right| \end{aligned}$$

for  $\nu \in [0, 1]$  and

$$\|(A, B)\|^2 \geq \max \left\{ \|A^2 + B^2\|, \|AB + BA\| \right\} + \max \{ \|A\|, \|B\| \} \|A + B\| - \|A - B\|.$$

For  $p = 2$  in Theorem 2.2, we obtain

$$\begin{aligned} \left\| |A|^2 \nabla_\nu |B|^2 \right\| &\geq \max \left\{ \left\| (1 - \nu)^2 A^2 + \nu^2 B^2 \right\|, \nu(1 - \nu) \|AB + BA\| \right\} \\ &\quad + \max \{ (1 - \nu) \|A\|, \nu \|B\| \} \times \| (1 - \nu) A + \nu B \| - \| (1 - \nu) A - \nu B \| \end{aligned}$$

for  $\nu \in [0, 1]$  and

$$\left\| |A|^2 + |B|^2 \right\| \geq \frac{1}{2} \max \left\{ \|A^2 + B^2\|, \|AB + BA\| \right\} + \frac{1}{2} \max \{ \|A\|, \|B\| \} \|A + B\| - \|A - B\|. \quad (2.13)$$

Some interesting lower bounds for the norm of the sum  $|C|^2 + |D|^2$  are as follows:

**Corollary 2.3.** For all  $C, D \in \mathcal{B}(H)$ , we have

$$\left\| |C|^2 + |D|^2 \right\| \geq \frac{1}{2} \max \left\{ \|C^2 + D^2\|, \|C^2 - D^2\| \right\} + \frac{1}{2} \max \{ \|C + D\|, \|C - D\| \} \|C\| - \|D\|. \quad (2.14)$$

*Proof.* We observe that

$$\begin{aligned} \|(C + D, C - D)\|_e^2 &= \sup_{\|x\|=1} \left( \|Cx + Dx\|^2 + \|Cx - Dx\|^2 \right) \\ &= 2 \sup_{\|x\|=1} \left( \|Cx\|^2 + \|Dx\|^2 \right) = 2 \|(C, D)\|_e^2 \end{aligned} \quad (2.15)$$

for  $C, D \in \mathcal{B}(H)$ .

From (2.13), for  $A = C + D$  and  $B = C - D$ , we obtain that

$$\begin{aligned} \|(C + D, C - D)\|_e^2 &\geq \frac{1}{2} \max \left\{ \left\| (C + D)^2 + (C - D)^2 \right\|, \left\| (C + D)(C - D) + (C - D)(C + D) \right\| \right\} \\ &\quad + \max \{ \|C + D\|, \|C - D\| \} \|C\| - \|D\|. \end{aligned} \quad (2.16)$$

Since

$$(C + D)^2 + (C - D)^2 = 2(C^2 + D^2)$$

and

$$(C + D)(C - D) + (C - D)(C + D) = 2(C^2 - D^2),$$

then by (2.15) and (2.16), we derive (2.14).

### 3. Upper bounds via Tominaga's inequality

There are many results connected with operator Young's inequality for positive operators  $P$  satisfying the condition

$$0 < kI \leq P \leq KI \quad (3.1)$$

in terms of the positive constants  $k < K$ ; see for instance [7, 8] and the references therein. This condition (3.1) is obviously equivalent to

$$0 < k_1 I \leq P^2 \leq K_1 I, \quad (3.2)$$

where  $k_1 = k^2$  and  $K_1 = K^2$ .

Motivated by (3.2), it is natural to consider the following more general condition for the operators  $A, B \in \mathcal{B}(H)$  satisfying the double inequality:

$$0 < m |B|^2 \leq |A|^2 \leq M |B|^2 \quad (3.3)$$

for some constants  $0 < m < M$ .

If we make  $B = I$  and  $A = P \geq 0$  in (3.3), then we obtain (3.2).

By employing a result due to Tominaga, we can derive the following upper bounds for  $\|(A, B)\|_{p,v}^p$ .

**Theorem 3.1.** *Let  $A, B \in \mathcal{B}(H)$  satisfy condition (3.3) for some constants  $0 < m < M$ . For  $p \geq 1$  and  $v \in [0, 1]$ , we have*

$$\|(A, B)\|_{p,v}^p \leq \alpha(m, M; p) \|A\|^{(1-v)p} \|B\|^{vp}, \quad (3.4)$$

where  $\alpha(m, M; p)$  is defined in (1.11).

For  $v \in (0, 1)$ , put  $r := \min\{v, 1 - v\}$ . If  $p \geq \frac{1}{r}$ , then

$$\|(A, B)\|_{p,v}^p \leq \frac{1}{2} \alpha(m, M; p) \left( \|A\|^{2(1-v)p} + \|B\|^{2vp} \right). \quad (3.5)$$

*Proof.* Since

$$0 < m |B|^2 \leq |A|^2 \leq M |B|^2$$

for  $0 < m < M$ , then for  $x \in H$  with  $\|x\| = 1$ , we obtain that

$$0 < m \langle |B|^2 x, x \rangle \leq \langle |A|^2 x, x \rangle \leq M \langle |B|^2 x, x \rangle,$$

which gives

$$0 < m^{p/2} \leq \left( \frac{\langle |A|^2 x, x \rangle}{\langle |B|^2 x, x \rangle} \right)^{p/2} \leq M^{p/2}$$

for  $x \in H$  with  $\|x\| = 1$ .

By Tominaga's inequality (3.4), for  $a = \langle |A|^2 x, x \rangle^{p/2}$  and  $b = \langle |B|^2 x, x \rangle^{p/2}$ , we have

$$\begin{aligned} & (1 - v) \langle |A|^2 x, x \rangle^{p/2} + v \langle |B|^2 x, x \rangle^{p/2} \\ & \leq S \left( \left( \frac{\langle |A|^2 x, x \rangle}{\langle |B|^2 x, x \rangle} \right)^{p/2} \right) \langle |A|^2 x, x \rangle^{(1-v)p/2} \langle |B|^2 x, x \rangle^{vp/2} \end{aligned} \quad (3.6)$$

for  $x \in H$ ,  $\|x\| = 1$ .

Since the function  $S$  is decreasing on  $(0, 1)$  and increasing on  $(1, \infty)$ , then we have the bounds

$$S \left( \left( \frac{\langle |A|^2 x, x \rangle}{\langle |B|^2 x, x \rangle} \right)^{p/2} \right) \leq \begin{cases} S(m^{p/2}) & \text{if } M^{p/2} \leq 1; \\ \max \{ S(m^{p/2}), S(M^{p/2}) \} & \text{if } m^{p/2} \leq 1 \leq M^{p/2}; \\ S(M^{p/2}) & \text{if } 1 \leq m^{p/2} \end{cases}$$

$$= \alpha(m, M; p) \quad (3.7)$$

for  $x \in H$ ,  $\|x\| = 1$ .

By making use of the inequalities (2.6), (3.6), and (3.7), we obtain that

$$(1 - \nu) \|Ax\|^p + \nu \|Bx\|^p \leq \alpha(m, M; p) \langle |A|^2 x, x \rangle^{(1-\nu)p/2} \langle |B|^2 x, x \rangle^{\nu p/2} \quad (3.8)$$

for  $x \in H$ ,  $\|x\| = 1$ .

Observe that

$$\langle |A|^2 x, x \rangle^{(1-\nu)p/2} \langle |B|^2 x, x \rangle^{\nu p/2} = \|Ax\|^{(1-\nu)p} \|Bx\|^{\nu p} \leq \|A\|^{(1-\nu)p} \|B\|^{\nu p}$$

for  $x \in H$ ,  $\|x\| = 1$ , and by (3.8), we get

$$(1 - \nu) \|Ax\|^p + \nu \|Bx\|^p \leq \alpha(m, M; p) \|A\|^{(1-\nu)p} \|B\|^{\nu p}$$

for  $x \in H$ ,  $\|x\| = 1$ . By taking the supremum over  $x \in H$ ,  $\|x\| = 1$ , we derive the desired result (3.4).

By the elementary inequality

$$\sqrt{ab} \leq \frac{a+b}{2}, \quad a, b \geq 0,$$

we have

$$\langle |A|^2 x, x \rangle^{(1-\nu)p/2} \langle |B|^2 x, x \rangle^{\nu p/2} \leq \frac{1}{2} \left[ \langle |A|^2 x, x \rangle^{(1-\nu)p} + \langle |B|^2 x, x \rangle^{\nu p} \right]$$

for  $x \in H$ ,  $\|x\| = 1$ .

If we use McCarthy's inequality, since  $(1 - \nu)p, \nu p \geq 1$ , then we have

$$\begin{aligned} \frac{1}{2} \left[ \langle |A|^2 x, x \rangle^{(1-\nu)p} + \langle |B|^2 x, x \rangle^{\nu p} \right] &\leq \frac{1}{2} \left[ \langle |A|^{2(1-\nu)} x, x \rangle + \langle |B|^{2\nu} x, x \rangle \right] \\ &= \frac{1}{2} \langle (|A|^{2(1-\nu)} + |B|^{2\nu}) x, x \rangle \\ &\leq \frac{1}{2} \| |A|^{2(1-\nu)} + |B|^{2\nu} \| \end{aligned}$$

for  $x \in H$ ,  $\|x\| = 1$ .

By (3.8), we then have

$$(1 - \nu) \|Ax\|^p + \nu \|Bx\|^p \leq \frac{1}{2} \alpha(m, M; p) \| |A|^{2(1-\nu)} + |B|^{2\nu} \|$$

for  $x \in H$ ,  $\|x\| = 1$ . By taking the supremum over  $x \in H$ ,  $\|x\| = 1$ , we obtain the desired result (3.5).

**Remark 3.1.** If we make  $p = 1$  in (3.4), then we get

$$\|(A, B)\|_v \leq \alpha(m, M; 1) \|A\|^{1-\nu} \|B\|^\nu, \quad (3.9)$$

where

$$\alpha(m, M; 1) := \begin{cases} S(\sqrt{m}) & \text{if } M \leq 1; \\ \max\{S(\sqrt{m}), S(\sqrt{M})\} & \text{if } m \leq 1 \leq M; \\ S(\sqrt{M}) & \text{if } 1 \leq m. \end{cases}$$

If we make  $\nu = 1/2$  in (3.9), then we get

$$\|(A, B)\| \leq 2\alpha(m, M; 1) \|A\|^{1/2} \|B\|^{1/2}.$$

For  $p = 2$ , we get

$$\| |A|^2 \nabla_\nu |B|^2 \| \leq \alpha(m, M; 2) \|A\|^{2(1-\nu)} \|B\|^{2\nu}, \quad (3.10)$$

where

$$\alpha(m, M; 2) := \begin{cases} S(m) & \text{if } M \leq 1; \\ \max\{S(m), S(M)\} & \text{if } m \leq 1 \leq M; \\ S(M) & \text{if } 1 \leq m. \end{cases}$$

If we make  $\nu = 1/2$  in (3.10), then we get

$$\| |A|^2 + |B|^2 \| \leq 2\alpha(m, M; 2) \|A\| \|B\|.$$

We can also state more upper bounds as follows.

**Theorem 3.2.** With the assumptions of Theorem 3.1 and for  $R = \max\{\nu, 1 - \nu\}$ ,  $\nu \in (0, 1)$  with  $Rp \geq 2$ , then

$$\|(A, B)\|_{p,\nu}^p \leq \frac{1}{2} \alpha(m, M; p) \left[ w^{Rp/2} (|B|^2 |A|^2) + \|A\|^{Rp} \|B\|^{Rp} \right]. \quad (3.11)$$

Also, we have

$$\|(A, B)\|_{p,\nu}^2 \leq \alpha^{2/p}(m, M; p) \| |A|^2 \nabla_\nu |B|^2 \|^R \| |B|^2 \nabla_\nu |A|^2 \|^R \quad (3.12)$$

and

$$\|(A, B)\|_{p,\nu}^2 \leq \alpha^{2/p}(m, M; p) \| |A|^2 \nabla_\nu |B|^2 \|^R \|A\|^{2\nu R} \|B\|^{2(1-\nu)R}. \quad (3.13)$$

*Proof.* Observe that, for  $R = \max\{\nu, 1 - \nu\}$ ,

$$\langle |A|^2 x, x \rangle^{(1-\nu)p/2} \langle |B|^2 x, x \rangle^{\nu p/2} \leq \left[ \langle |A|^2 x, x \rangle \langle |B|^2 x, x \rangle \right]^{Rp/2} \quad (3.14)$$

for  $x \in H$ ,  $\|x\| = 1$ .

By Buzano's inequality (2.1), we have

$$\langle |A|^2 x, x \rangle \langle |B|^2 x, x \rangle \leq \frac{1}{2} \left( \left| \langle |A|^2 x, |B|^2 x \rangle \right| + \| |A|^2 x \| \| |B|^2 x \| \right)$$

for  $x \in H$ ,  $\|x\| = 1$ .

Therefore, since  $Rp/2 \geq 1$ , we deduce that

$$\begin{aligned} \left[ \langle |A|^2 x, x \rangle \langle |B|^2 x, x \rangle \right]^{Rp/2} &\leq \left( \frac{\left| \langle |A|^2 x, |B|^2 x \rangle \right| + \| |A|^2 x \| \| |B|^2 x \| \right)^{Rp/2} \\ &\leq \frac{\left| \langle |B|^2 |A|^2 x, x \rangle \right|^{Rp/2} + \| |A|^2 x \|^{Rp/2} \| |B|^2 x \|^{Rp/2}}{2} \\ &\leq \frac{1}{2} \left[ w^{Rp/2} (|B|^2 |A|^2) + \|A\|^{Rp} \|B\|^{Rp} \right] \end{aligned}$$

for  $x \in H$ ,  $\|x\| = 1$ .

By making use of (3.8) and (3.14), we deduce the desired result (3.11).

Observe that

$$\begin{aligned} \langle |A|^2 x, x \rangle \langle |B|^2 x, x \rangle &= \langle |A|^2 x, x \rangle^{1-\nu} \langle |B|^2 x, x \rangle^\nu \langle |A|^2 x, x \rangle^\nu \langle |B|^2 x, x \rangle^{1-\nu} \\ &\leq \left( (1-\nu) \langle |A|^2 x, x \rangle + \nu \langle |B|^2 x, x \rangle \right) \times \left( \nu \langle |A|^2 x, x \rangle + (1-\nu) \langle |B|^2 x, x \rangle \right) \\ &= \left\langle \left[ (1-\nu) |A|^2 + \nu |B|^2 \right] x, x \right\rangle \times \left\langle \left[ \nu |A|^2 + (1-\nu) |B|^2 \right] x, x \right\rangle \\ &\leq \left\| (1-\nu) |A|^2 + \nu |B|^2 \right\| \left\| \nu |A|^2 + (1-\nu) |B|^2 \right\| \end{aligned}$$

for  $x \in H$ ,  $\|x\| = 1$ .

Therefore,

$$\left[ \langle |A|^2 x, x \rangle \langle |B|^2 x, x \rangle \right]^{Rp/2} \leq \left\| (1-\nu) |A|^2 + \nu |B|^2 \right\|^{Rp/2} \left\| \nu |A|^2 + (1-\nu) |B|^2 \right\|^{Rp/2}$$

for  $x \in H$ ,  $\|x\| = 1$ .

By making use of (3.8) and (3.14), we deduce

$$\begin{aligned} &(1-\nu) \|Ax\|^p + \nu \|Bx\|^p \\ &\leq \alpha(m, M; p) \times \left\| (1-\nu) |A|^2 + \nu |B|^2 \right\|^{Rp/2} \left\| \nu |A|^2 + (1-\nu) |B|^2 \right\|^{Rp/2}, \end{aligned}$$

which gives the desired result (3.12).

From the above, we also have

$$\begin{aligned} &\langle |A|^2 x, x \rangle \langle |B|^2 x, x \rangle \\ &= \langle |A|^2 x, x \rangle^{1-\nu} \langle |B|^2 x, x \rangle^\nu \langle |A|^2 x, x \rangle^\nu \langle |B|^2 x, x \rangle^{1-\nu} \\ &\leq \left( (1-\nu) \langle |A|^2 x, x \rangle + \nu \langle |B|^2 x, x \rangle \right) \langle |A|^2 x, x \rangle^\nu \langle |B|^2 x, x \rangle^{1-\nu} \\ &\leq \left\| (1-\nu) |A|^2 + \nu |B|^2 \right\| \|A\|^{2\nu} \|B\|^{2(1-\nu)}, \end{aligned}$$

giving

$$\left[ \langle |A|^2 x, x \rangle \langle |B|^2 x, x \rangle \right]^{Rp/2} \leq \left\| (1-\nu) |A|^2 + \nu |B|^2 \right\|^{Rp/2} \|A\|^{Rp} \|B\|^{(1-\nu)Rp}$$

for  $x \in H$ ,  $\|x\| = 1$ , which proves (3.13).

**Remark 3.2.** For  $p = 4$ , we obtain from (3.11) that

$$\|(A, B)\|_{4,v}^4 \leq \frac{1}{2} \alpha(m, M; 4) \left[ w^{2R} (|B|^2 |A|^2) + \|A\|^{4R} \|B\|^{4R} \right], \quad (3.15)$$

where

$$\alpha(m, M; 4) := \begin{cases} S(m^2) & \text{if } M \leq 1; \\ \max \{S(m^2), S(M^2)\} & \text{if } m \leq 1 \leq M; \\ S(M^2) & \text{if } 1 \leq m. \end{cases}$$

For  $\nu = 1/2$  in (3.15), we obtain

$$\|(A, B)\|_4^4 \leq \alpha(m, M; 4) \left[ w (|B|^2 |A|^2) + \|A\|^2 \|B\|^2 \right].$$

If we make  $p = 4$  in (3.12) and (3.13), then we get

$$\|(A, B)\|_{4,v}^2 \leq \sqrt{\alpha(m, M; 4)} \| |A|^2 \nabla_\nu |B|^2 \|^R \| |B|^2 \nabla_\nu |A|^2 \|^R \quad (3.16)$$

and

$$\|(A, B)\|_{4,v}^2 \leq \sqrt{\alpha(m, M; 4)} \| |A|^2 \nabla_\nu |B|^2 \|^R \|A\|^{2\nu R} \|B\|^{2(1-\nu)R}. \quad (3.17)$$

From (3.17), we derive for  $\nu = 1/2$  that

$$\|(A, B)\|_4^2 \leq 2 \sqrt{\alpha(m, M; 4)} \| |A|^2 \nabla_\nu |B|^2 \|^R \| |B|^2 \nabla_\nu |A|^2 \|^R$$

and

$$\|(A, B)\|_4^2 \leq \sqrt{\alpha(m, M; 4)} \left\| \frac{|A|^2 + |B|^2}{2} \right\|^{1/2} \|A\|^{1/2} \|B\|^{1/2}.$$

We observe that if  $0 < m_1 \leq |A|^2 \leq M_1$  and  $0 < m_2 \leq |B|^2 \leq M_2$ , then for  $x \in H$ ,  $\|x\| = 1$ , we have

$$0 < \frac{m_1}{M_2} \leq \frac{\langle |A|^2 x, x \rangle}{\langle |B|^2 x, x \rangle} \leq \frac{M_1}{m_2}.$$

By taking  $m = \frac{m_1}{M_2}$  and  $M = \frac{M_1}{m_2}$ , we get  $0 < m |B|^2 \leq |A|^2 \leq M |B|^2$ , and by setting

$$\alpha(m_1, M_1, m_2, M_2; p) := \begin{cases} S\left(\left(\frac{m_1}{M_2}\right)^{p/2}\right) & \text{if } \frac{M_1}{m_2} \leq 1; \\ \max \left\{ S\left(\left(\frac{m_1}{M_2}\right)^{p/2}\right), S\left(\left(\frac{M_1}{m_2}\right)^{p/2}\right) \right\} & \text{if } \frac{m_1}{M_2} \leq 1 \leq \frac{M_1}{m_2}; \\ S\left(\left(\frac{M_1}{m_2}\right)^{p/2}\right) & \text{if } 1 \leq \frac{m_1}{M_2}, \end{cases}$$

we get from (3.4) that

$$\|(A, B)\|_{p,v}^p \leq \alpha(m_1, M_1, m_2, M_2; p) \|A\|^{(1-\nu)p} \|B\|^{\nu p}$$

for  $p \geq 1$  and  $\nu \in [0, 1]$ .

For  $\nu \in (0, 1)$  and  $p \geq \frac{1}{\nu}$ , then by (3.5), we get

$$\|(A, B)\|_{p,\nu}^p \leq \frac{1}{2} \alpha(m_1, M_1, m_2, M_2; p) \left( \| |A|^{2(1-\nu)p} + |B|^{2\nu p} \| \right). \quad (3.18)$$

If  $p \geq 1$  and  $\nu \in [0, 1]$  with  $Rp \geq 2$ , then by (3.11), we have

$$\|(A, B)\|_{p,\nu}^p \leq \frac{1}{2} \alpha(m_1, M_1, m_2, M_2; p) \times \left[ w^{Rp/2} (|B|^2 |A|^2) + \|A\|^{Rp} \|B\|^{Rp} \right], \quad (3.19)$$

while from (3.13),

$$\|(A, B)\|_{p,\nu}^p \leq \alpha^{2/p}(m_1, M_1, m_2, M_2; p) \times \| |A|^2 \nabla_\nu |B|^2 \|^{Rp} \|A\|^{2\nu R} \|B\|^{2(1-\nu)R}. \quad (3.20)$$

#### 4. Inequalities for off-diagonal operator matrix

Consider now the off-diagonal part  $\begin{bmatrix} 0 & X \\ Y & 0 \end{bmatrix}$  of a  $2 \times 2$  operator matrix  $\begin{bmatrix} Z & X \\ Y & W \end{bmatrix}$  defined on  $\mathcal{H} \oplus \mathcal{H}$ .

It is well known that, for  $X, Y \in \mathcal{B}(\mathcal{H})$ ,

$$w\left(\begin{bmatrix} 0 & X \\ Y & 0 \end{bmatrix}\right) = w\left(\begin{bmatrix} 0 & Y \\ X & 0 \end{bmatrix}\right),$$

$$w\left(\begin{bmatrix} 0 & X \\ Y & 0 \end{bmatrix}\right) = w\left(\begin{bmatrix} 0 & X \\ e^{i\theta} Y & 0 \end{bmatrix}\right) \text{ for } \theta \in \mathbb{R},$$

$$w\left(\begin{bmatrix} 0 & Y \\ Y & 0 \end{bmatrix}\right) = w(Y) \text{ and } w\left(\begin{bmatrix} 0 & Y \\ Y^* & 0 \end{bmatrix}\right) = \|Y\|.$$

In 2011, Hirzallah, Kittaneh, and Shebrawi [11] proved among others the following double inequality:

$$\frac{1}{2} \max \{w(X+Y), w(X-Y)\} \leq w\left(\begin{bmatrix} 0 & X \\ Y & 0 \end{bmatrix}\right) \leq \frac{1}{2} [w(X+Y) + w(X-Y)]. \quad (4.1)$$

They also showed that

$$w\left(\begin{bmatrix} 0 & X \\ Y & 0 \end{bmatrix}\right) \leq \min \{w(X), w(Y)\} + \frac{1}{2} \min \{\|X+Y\|, \|X-Y\|\}. \quad (4.2)$$

Several other interesting inequalities of this type were also obtained.

In 2015, Kittaneh, Moslehian, and Yamazaki [12] showed that the following refinement for the triangle inequality holds:

$$\left\| \frac{X+Y}{2} \right\| \leq w\left(\begin{bmatrix} 0 & X \\ Y^* & 0 \end{bmatrix}\right) \leq \frac{\|X\| + \|Y\|}{2}$$

for all  $X, Y \in \mathcal{B}(\mathcal{H})$ . Several upper and lower bounds for the numerical radius of the operator matrix

$$\begin{bmatrix} 0 & AX - XB \\ A^*X - XB^* & 0 \end{bmatrix}$$

under various assumptions for the operators involved were also given.

We use the following equality employed in the proof of Theorem 2.3 of [12]:

$$w\left(\begin{bmatrix} 0 & A \\ B^* & 0 \end{bmatrix}\right) = \frac{1}{2} \sup_{\theta \in \mathbb{R}} \|e^{i\theta} A + e^{-i\theta} B\| \quad (4.3)$$

for all  $A, B \in \mathcal{B}(\mathcal{H})$ .

We can state now the following result that provides some upper bounds for the numerical radius of the off-diagonal operator matrix:

$$\begin{bmatrix} 0 & (1-\nu)A \\ \nu B & 0 \end{bmatrix},$$

where  $\nu \in [0, 1]$ .

**Proposition 4.1.** *Let  $A, B \in \mathcal{B}(\mathcal{H})$ . For  $p \geq 2$  and  $\nu \in [0, 1]$ , we have*

$$w^p\left(\begin{bmatrix} 0 & (1-\nu)A \\ \nu B & 0 \end{bmatrix}\right) \leq \frac{1}{2^p} \|(A, B^*)\|_{p,\nu}^p \leq \frac{1}{2^p} \||A|^p \nabla_\nu |B^*|^p\|. \quad (4.4)$$

If  $1 \leq p < 2$ , then

$$w\left(\begin{bmatrix} 0 & (1-\nu)A \\ \nu B & 0 \end{bmatrix}\right) \leq \frac{1}{2} \|(A, B^*)\|_{p,\nu} \leq \frac{1}{2} \||A|^2 \nabla_\nu |B^*|^2\|^{1/2}. \quad (4.5)$$

*Proof.* From (2.3), we get for  $p \geq 2$  that

$$\begin{aligned} \left\| \frac{(1-\nu)e^{i\theta}A + \nu e^{-i\theta}B^*}{2} \right\|^p &= \frac{1}{2^p} \|(1-\nu)e^{i\theta}A + \nu e^{-i\theta}B^*\|^p \\ &\leq \frac{1}{2^p} \|(e^{i\theta}A, e^{-i\theta}B^*)\|_{p,\nu}^p \\ &= \frac{1}{2^p} \|(A, B^*)\|_{p,\nu}^p \leq \frac{1}{2^p} \||A|^p \nabla_\nu |B^*|^p\| \end{aligned}$$

for all  $\theta \in \mathbb{R}$ . By taking the supremum over  $\theta \in \mathbb{R}$ , we obtain (4.4).

From (2.4), we also have for  $1 \leq p < 2$  that

$$\begin{aligned} \left\| \frac{(1-\nu)e^{i\theta}A + \nu e^{-i\theta}B^*}{2} \right\| &= \frac{1}{2} \|(1-\nu)e^{i\theta}A + \nu e^{-i\theta}B^*\| \\ &\leq \frac{1}{2} \|(A, B^*)\|_{p,\nu} \leq \frac{1}{2} \||A|^2 \nabla_\nu |B^*|^2\|^{1/2} \end{aligned}$$

for all  $\theta \in \mathbb{R}$ . By taking the supremum over  $\theta \in \mathbb{R}$ , we obtain (4.5).

We observe that for  $p = 2$  in (4.4), we obtain

$$w^2\left(\begin{bmatrix} 0 & (1-\nu)A \\ \nu B & 0 \end{bmatrix}\right) \leq \frac{1}{4} \||A|^2 \nabla_\nu |B^*|^2\|, \quad (4.6)$$

while for  $p = 1$  in (4.5), then we get

$$w^2 \left( \begin{bmatrix} 0 & (1-\nu)A \\ \nu B & 0 \end{bmatrix} \right) \leq \frac{1}{4} \|(A, B^*)\|_{1,\nu}^2. \quad (4.7)$$

Since

$$((1-\nu)\|Ax\| + \nu\|B^*x\|)^2 \leq (1-\nu)\|Ax\|^2 + \nu\|B^*x\|^2 \quad (4.8)$$

for  $\nu \in [0, 1]$ ,  $x \in H$ , then

$$\|(A, B^*)\|_{1,\nu}^2 \leq \|(A, B^*)\|_{e,\nu}^2,$$

and we can state that

$$w^2 \left( \begin{bmatrix} 0 & (1-\nu)A \\ \nu B & 0 \end{bmatrix} \right) \leq \frac{1}{4} \|(A, B^*)\|_{1,\nu}^2 \leq \frac{1}{4} \||A|^2 \nabla_\nu |B^*|^2\|$$

for  $\nu \in [0, 1]$ , which shows that (4.7) is better than (4.6).

If we make  $\nu = 1/2$  in (4.4), then we get for  $p \geq 2$  that

$$w^p \left( \begin{bmatrix} 0 & A \\ B & 0 \end{bmatrix} \right) \leq \frac{1}{2} \|(A, B^*)\|_p^p \leq \left\| \frac{|A|^p + |B^*|^p}{2} \right\|, \quad (4.9)$$

and for  $p = 2$ ,

$$w^2 \left( \begin{bmatrix} 0 & A \\ B & 0 \end{bmatrix} \right) \leq \left\| \frac{|A|^2 + |B^*|^2}{2} \right\|.$$

If we make  $\nu = 1/2$  in (4.4), then we get for  $1 \leq p < 2$  that

$$w \left( \begin{bmatrix} 0 & A \\ B & 0 \end{bmatrix} \right) \leq \frac{1}{2^{1/p}} \|(A, B^*)\|_p \leq \left\| \frac{|A|^2 + |B^*|^2}{2} \right\|^{1/2}, \quad (4.10)$$

and for  $p = 1$ ,

$$w \left( \begin{bmatrix} 0 & A \\ B & 0 \end{bmatrix} \right) \leq \frac{1}{2} \|(A, B^*)\| \leq \left\| \frac{|A|^2 + |B^*|^2}{2} \right\|^{1/2}.$$

From (4.9), we obtain for  $B = A$  the following upper bounds for the numerical radius:

$$w^p(A) \leq \frac{1}{2} \|(A, A^*)\|_p^p \leq \left\| \frac{|A|^p + |A^*|^p}{2} \right\|$$

for  $p \geq 2$ , and from (4.10),

$$w(A) \leq \frac{1}{2^{1/p}} \|(A, A^*)\|_p \leq \left\| \frac{|A|^2 + |A^*|^2}{2} \right\|^{1/2}$$

for  $1 \leq p < 2$ .

Since from Proposition 4.1, we have

$$w^p \left( \begin{bmatrix} 0 & (1-\nu)A \\ \nu B^* & 0 \end{bmatrix} \right) \leq \frac{1}{2^p} \|(A, B)\|_{p,\nu}^p$$

for  $p \geq 1$  and  $\nu \in [0, 1]$ . Then the upper bounds from Theorems 3.1 and 3.2 for  $\|(A, B)\|_{p,\nu}^p$  will give the following upper bounds for

$$w^p \left( \begin{bmatrix} 0 & (1-\nu)A \\ \nu B^* & 0 \end{bmatrix} \right).$$

**Proposition 4.2.** Let  $A, B \in \mathcal{B}(H)$  such that  $0 < m|B|^2 \leq |A|^2 \leq M|B|^2$  for some constants  $0 < m < M$ . For  $p \geq 1$  and  $\nu \in [0, 1]$ , we have

$$w^p \left( \begin{bmatrix} 0 & (1-\nu)A \\ \nu B^* & 0 \end{bmatrix} \right) \leq \frac{1}{2^p} \alpha(m, M; p) \|A\|^{(1-\nu)p} \|B\|^{\nu p}, \quad (4.11)$$

where  $\alpha(m, M; p)$  is defined by (1.11).

For  $\nu \in (0, 1)$ , put  $r := \min\{\nu, 1-\nu\}$ . If  $p \geq \frac{1}{r}$ , then

$$w^p \left( \begin{bmatrix} 0 & (1-\nu)A \\ \nu B^* & 0 \end{bmatrix} \right) \leq \frac{1}{2^p} \alpha(m, M; p) \left\| \frac{|A|^{2(1-\nu)p} + |B|^{2\nu p}}{2} \right\|. \quad (4.12)$$

For  $\nu \in (0, 1)$ , put  $R := \max\{\nu, 1-\nu\}$ . If  $Rp \geq 2$ , then

$$w^p \left( \begin{bmatrix} 0 & (1-\nu)A \\ \nu B^* & 0 \end{bmatrix} \right) \leq \frac{1}{2^p} \alpha(m, M; p) \left[ \frac{w^{Rp/2} (|B|^2 |A|^2) + \|A\|^{Rp} \|B\|^{Rp}}{2} \right]. \quad (4.13)$$

Also, we have

$$w^2 \left( \begin{bmatrix} 0 & (1-\nu)A \\ \nu B^* & 0 \end{bmatrix} \right) \leq \frac{1}{4} \alpha^{2/p}(m, M; p) \| |A|^2 \nabla_\nu |B|^2 \|^R \| |B|^2 \nabla_\nu |A|^2 \|^R \quad (4.14)$$

and

$$w^2 \left( \begin{bmatrix} 0 & (1-\nu)A \\ \nu B^* & 0 \end{bmatrix} \right) \leq \frac{1}{4} \alpha^{2/p}(m, M; p) \| |A|^2 \nabla_\nu |B|^2 \|^R \| |A|^{2\nu R} \|B\|^{2(1-\nu)R} \|. \quad (4.15)$$

If we make  $\nu = 1/2$  in (4.11), then we get for  $p \geq 1$  that

$$w^p \left( \begin{bmatrix} 0 & A \\ B^* & 0 \end{bmatrix} \right) \leq \alpha(m, M; p) \|A\|^{p/2} \|B\|^{p/2}.$$

If  $p \geq 2$ , then from (4.12), we get

$$w^p \left( \begin{bmatrix} 0 & A \\ B^* & 0 \end{bmatrix} \right) \leq \alpha(m, M; p) \left\| \frac{|A|^p + |B|^p}{2} \right\|.$$

If  $p \geq 4$ , then by (4.13)–(4.15), we have

$$w^p \left( \begin{bmatrix} 0 & A \\ B^* & 0 \end{bmatrix} \right) \leq \alpha(m, M; p) \left[ \frac{w^{p/4} (|B|^2 |A|^2) + \|A\|^{p/2} \|B\|^{p/2}}{2} \right].$$

Also, we have

$$w^2 \left( \begin{bmatrix} 0 & A \\ B^* & 0 \end{bmatrix} \right) \leq \alpha^{2/p}(m, M; p) \left\| \frac{|A|^2 + |B|^2}{2} \right\|$$

and

$$w^2 \left( \begin{bmatrix} 0 & A \\ B^* & 0 \end{bmatrix} \right) \leq \alpha^{2/p}(m, M; p) \left\| \frac{|A|^2 + |B|^2}{2} \right\|^{1/2} \|A\|^{1/2} \|B\|^{1/2}.$$

## 5. Inequalities for one operator

In this section, we give some applications for one operator as follows.

From Theorem 2.1, we have for  $(A, B) = (T, T^*)$  that

$$\|T \nabla_{\nu} T^*\| \leq \sigma_{p,\nu}(T) \leq \left\| |T|^p \nabla_{\nu} |T^*|^p \right\|^{1/p},$$

where  $p \geq 2$ . If  $1 \leq p < 2$ , then also

$$\|T \nabla_{\nu} T^*\| \leq \sigma_{p,\nu}(T) \leq \left\| |T|^2 \nabla_{\nu} |T^*|^2 \right\|^{1/2}.$$

From Theorem 2.2, we obtain for  $p \geq 1$  and  $\nu \in [0, 1]$  that

$$\begin{aligned} \sigma_{p,\nu}^2(T) \geq & \max \left\{ \left\| (1-\nu)^2 T^2 + \nu^2 (T^*)^2 \right\|, \nu(1-\nu) \left\| |T|^2 + |T^*|^2 \right\| \right\} \\ & + \max \{ (1-\nu), \nu \} \|T\| \times \left\| (1-\nu) T + \nu T^* \right\| - \left\| (1-\nu) T - \nu T^* \right\|. \end{aligned}$$

In particular, for  $\nu = 1/2$ , we get

$$\sigma_p^2(T) \geq \frac{1}{4^{\frac{p-1}{p}}} \max \left\{ \left\| T^2 + (T^*)^2 \right\|, \left\| |T|^2 + |T^*|^2 \right\| \right\} + \frac{1}{4^{\frac{p-1}{p}}} \|T\| \left\| |T + T^*| - |T - T^*| \right\|.$$

For  $p = 2$ , we derive

$$\left\| |T|^2 + |T^*|^2 \right\| \geq \frac{1}{2} \max \left\{ \left\| T^2 + (T^*)^2 \right\|, \left\| |T|^2 + |T^*|^2 \right\| \right\} + \frac{1}{2} \|T\| \left\| |T + T^*| - |T - T^*| \right\|.$$

From (2.14), we also get

$$\left\| |T|^2 + |T^*|^2 \right\| \geq \frac{1}{2} \max \left\{ \left\| T^2 + (T^*)^2 \right\|, \left\| T^2 - (T^*)^2 \right\| \right\}.$$

Assume that  $0 < n|T^*|^2 \leq |T|^2 \leq N|T^*|^2$  for some constants  $0 < n < N$ . If  $p \geq \frac{1}{r}$ , then by Theorem 3.1, we get

$$\sigma_{p,\nu}^p(T) \leq \frac{1}{2} \alpha(m, M; p) \left\| |T|^{2(1-\nu)p} + |T^*|^{2\nu p} \right\|,$$

where

$$\alpha(n, N; p) := \begin{cases} S(n^{p/2}) & \text{if } N \leq 1; \\ \max \{ S(n^{p/2}), S(M^{p/2}) \} & \text{if } n \leq 1 \leq N; \\ S(N^{p/2}) & \text{if } 1 \leq n. \end{cases}$$

If  $Rp \geq 2$ , then by Theorem 3.2, we obtain

$$\sigma_{p,\nu}^p(T) \leq \frac{1}{2} \alpha(n, N; p) \left[ w^{Rp/2} (|T^*|^2 |T|^2) + \|T\|^{2Rp} \right].$$

Also, we have

$$\sigma_{e,\nu}^2(T) \leq \alpha^{2/p}(n, N; p) \left\| |T|^2 \nabla_{\nu} |T^*|^2 \right\|^R \left\| |T^*|^2 \nabla_{\nu} |T|^2 \right\|^R$$

and

$$\sigma_{e,\nu}^2(T) \leq \alpha^{2/p}(n, N; p) \left\| |T|^2 \nabla_\nu |T^*|^2 \right\|^R \|T\|^2.$$

For an operator  $T \in \mathcal{B}(H)$ , we consider the real and imaginary parts of  $T$  defined by

$$\operatorname{Re} T := \frac{T + T^*}{2} \text{ and } \operatorname{Im} T = \frac{T - T^*}{2i}.$$

For  $(A, B) = (\operatorname{Re} T, \operatorname{Im} T)$ , we can consider, for  $p \geq 1$  and  $\nu \in [0, 1]$ , the following functional:

$$\rho_{p,\nu}(T) := \|(\operatorname{Re} T, \operatorname{Im} T)\|_{p,\nu} := \sup_{\|x\|=1} ((1-\nu) \|\operatorname{Re} T x\|^p + \nu \|\operatorname{Im} T x\|^p)^{1/p}.$$

Since for a real number  $a$ , we have that  $\rho_{p,\nu}(aT) = |a| \rho_{p,\nu}(T)$ ,  $T \in \mathcal{B}(H)$ . Then, we can conclude that  $\rho_{p,\nu}(T)$  is a real norm on  $\mathcal{B}(H)$  for  $\nu \in (0, 1)$ .

For  $p = 2$ , we obtain that

$$\rho_{e,\nu}^2(T) = \|\operatorname{Re}^2 T \nabla_\nu \operatorname{Im}^2 T\|, \nu \in [0, 1]$$

and

$$\rho_e^2(T) = \|\operatorname{Re}^2 T + \operatorname{Im}^2 T\| = \frac{1}{2} \left\| |T|^2 + |T^*|^2 \right\| = \frac{1}{2} \sigma_e^2(T).$$

From Theorem 2.1, we get for  $p \geq 2$  and  $\nu \in [0, 1]$  that

$$\|\operatorname{Re} T \nabla_\nu \operatorname{Im} T\| \leq \rho_{p,\nu}(T) \leq \left\| |\operatorname{Re} T|^p \nabla_\nu |\operatorname{Im} T|^p \right\|^{1/p}.$$

If  $1 \leq p < 2$ , then

$$\|\operatorname{Re} T \nabla_\nu \operatorname{Im} T\| \leq \rho_{p,\nu}(T) \leq \left\| \operatorname{Re}^2 T \nabla_\nu \operatorname{Im}^2 T \right\|^{1/2}.$$

From Theorem 2.2, for  $(A, B) = (\operatorname{Re} T, \operatorname{Im} T)$ , we obtain for  $p \geq 1$  and  $\nu \in [0, 1]$  that

$$\begin{aligned} \rho_{p,\nu}^2(T) \geq & \max \left\{ \left\| (1-\nu)^2 \operatorname{Re}^2 T + \nu^2 \operatorname{Im}^2 T \right\|, \nu(1-\nu) \|\operatorname{Re} T \operatorname{Im} T + \operatorname{Im} T \operatorname{Re} T\| \right\} \\ & + \max \{ (1-\nu) \|\operatorname{Re} T\|, \nu \|\operatorname{Im} T\| \} \times \left\| (1-\nu) \operatorname{Re} T + \nu \operatorname{Im} T \right\| - \left\| (1-\nu) \operatorname{Re} T - \nu \operatorname{Im} T \right\|. \end{aligned}$$

In particular, for  $\nu = 1/2$ , we get

$$\begin{aligned} \rho_p^2(T) \geq & \frac{1}{4^{\frac{p-1}{p}}} \max \left\{ \left\| \operatorname{Re}^2 T + \operatorname{Im}^2 T \right\|, \|\operatorname{Re} T \operatorname{Im} T + \operatorname{Im} T \operatorname{Re} T\| \right\} \\ & + \frac{1}{4^{\frac{p-1}{p}}} \max \{ \|\operatorname{Re} T\|, \|\operatorname{Im} T\| \} \left\| \operatorname{Re} T + \operatorname{Im} T \right\| - \left\| \operatorname{Re} T - \operatorname{Im} T \right\|. \end{aligned}$$

From (2.14), we also get

$$\begin{aligned} \left\| |T|^2 + |T^*|^2 \right\| \geq & \max \left\| \operatorname{Re}^2 T + \operatorname{Im}^2 T \right\|, \left\| \operatorname{Re}^2 T - \operatorname{Im}^2 T \right\| \\ & + \max \{ \|\operatorname{Re} T + \operatorname{Im} T\|, \|\operatorname{Re} T - \operatorname{Im} T\| \} \left\| \operatorname{Re} T \right\| - \left\| \operatorname{Im} T \right\|. \end{aligned}$$

Assume that there exists constants  $0 < k < K$  such that  $0 < k \operatorname{Im}^2 T \leq \operatorname{Re}^2 T \leq K \operatorname{Im}^2 T$ .

From Theorem 3.1, we obtain for  $p \geq 1$  and  $\nu \in [0, 1]$  that

$$\rho_{p,\nu}^p(T) \leq \alpha(k, K; p) \|\operatorname{Re} T\|^{(1-\nu)p} \|\operatorname{Im} T\|^{p\nu},$$

where

$$\alpha(k, K; p) := \begin{cases} S(k^{p/2}) & \text{if } K \leq 1; \\ \max\{S(k^{p/2}), S(K^{p/2})\} & \text{if } k \leq 1 \leq K; \\ S(K^{p/2}) & \text{if } 1 \leq k. \end{cases}$$

If  $p \geq \frac{1}{r}$ , then by Theorem 3.2, we get

$$\rho_{p,v}^p(T) \leq \frac{1}{2} \alpha(k, K; p) \left\| |\operatorname{Re} T|^{2(1-v)p} + |\operatorname{Im} T|^{2vp} \right\|.$$

If  $Rp \geq 2$ , then also

$$\rho_{p,v}^p(T) \leq \frac{1}{2} \alpha(k, K; p) \left[ w^{Rp/2} (\operatorname{Im}^2 T \operatorname{Re}^2 T) + \|\operatorname{Re} T\|^{Rp} \|\operatorname{Im} T\|^{Rp} \right].$$

Also, we have

$$\|\operatorname{Re}^2 T \nabla_v \operatorname{Im}^2 T\| \leq \alpha^{2/p}(k, K; p) \|\operatorname{Re}^2 T \nabla_v \operatorname{Im}^2 T\|^R \|\operatorname{Im}^2 T \nabla_v \operatorname{Re}^2 T\|^R$$

and

$$\|\operatorname{Re}^2 T \nabla_v \operatorname{Im}^2 T\| \leq \alpha^{2/p}(k, K; p) \|\operatorname{Re}^2 T \nabla_v \operatorname{Im}^2 T\|^R \|\operatorname{Re} T\|^{2vR} \|\operatorname{Im} T\|^{2(1-v)R}.$$

## 6. Conclusions

In this paper, we considered the  $p$ -arithmetic-mean (A-M)-norm for the pair of operators  $(A, B)$  in Hilbert spaces and provided several lower and upper bounds for it. Some natural applications for the off-diagonal operator matrix and in the case when  $(A, B) = (T, T^*)$  and  $(A, B) = (\operatorname{Re} T, \operatorname{Im} T)$  were also given.

### Author contributions

Najla Altwaijry: Funding, Resources, Writing–review & editing, Project administration; Silvestru Sever Dragomir: Conceptualization, Visualization, Formal analysis, Validation, Investigation. All authors have read and approved the final version of the manuscript for publication.

### Use of Generative-AI tools declaration

The authors declare they have not used Artificial Intelligence (AI) tools in the creation of this paper.

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### Conflict of interest

The authors declare no conflicts of interest in this paper.

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